



South Miami Hospital



JUNE 3, 2012
SOUTH MIAMI
FOOD
FUN
MUSIC
5K RUN
& FITNESS
WALK
FAMILY EVENT

Date, Time Location:

Sunday evening, June 3, 2012 ~ 7:00 PM
Sunset Drive and 57th Court in South Miami

Runners Awards:

Overall male and female winners will each receive a pair of Asics running shoes. Top three in each 5k Run age group will receive a medal.

Packet Pickup:

Pick up your race packet at FootWorks, 5724 Sunset Drive in South Miami. June 1- June 3 during store hours or at race site starting at 4PM race day.

5k age groups (run only):

10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.

Entry Fee includes

GLOW IN THE DARK Running Shirt, Raffle entry, and access to Post-Race Celebration

Walkers:

We encourage you to walk the 5k fast, slow or in between. There will be no awards for walkers.

Kids Fun Run:

2-3 yrs. run 100 ft., 4-5 yrs. run 200ft., 6-7 yrs. run 400 ft. and 8-9yrs. 800 ft. Entry fee includes t-shirt in youth sizes, medal and special fun zone including a bounce house and slide. Kids Fun Run begins at 6:30pm.

Post-Race Celebration:

After the race, enjoy complimentary refreshments provided by Town Kitchen & Bar. Town is located at 7301 SW 57 Ct in South Miami.



April 31 - June 2

- Adult 5K \$30
- FunRun \$10 (8 and under)
- Baptist \$25 Employees

Race Day June 3rd

- 5K \$35
- FunRun \$15 (8 and under)

official use only

last name: _____ first name: _____

age: _____ D.O.B. ____/____/____ gender: M F

Tshirt size: XS S M L XL 2XL Youth Sizes: S M L XL

address: _____ city: _____ state: _____ zip: _____

email: _____ cell: _____

Make check payable to:
TeamFootWorks
Mail Completed form to:
5724 Sunset Drive
Miami, FL 33143

Waiver: I know that walking, running and road racing are potentially hazardous activities. By entering this program I am taking responsibility for medical clearance and for being physically fit and properly trained to participate in this program. I agree to abide by any decision of program official relative to my ability to safely complete the training program. I assume all risks associated with running, but not limited to my own fitness and health condition, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic, and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of you accepting my entry, I for myself and anyone entitled to act in my behalf, waive and release TeamFootWorks, Bayms Bay, Inc., Road Runners Club of America, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this program though that liability may arise out of negligence or carelessness on the persons named in this waiver and other organizations. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this program for any legitimate purpose.