

BAPTIST HEALTH



2013 5K TOUR OF THE GABLES 18 YEARS AND RUNNING

Directions:

From the North via I-95:

Take I-95 south to US1. Continue on US1, then turn right on LeJeune Rd. Continue north on LeJeune Rd., making a right on Andalusia Ave. The parking garage is on the left.

From the North via 826:

Take 826 south to Coral Way exit (SW 24 St.). Exit east and continue on Coral Way, making a right on Segovia and then a left on Biltmore Way. The parking meters west of LeJeune Rd. are free until 10 am.

From the South:

Take US1 north to LeJeune Rd. Make a left on LeJeune Rd. Continue north on LeJeune Rd., making a right on Andalusia Ave. The parking garage is on the left.

Free Parking

Andalusia Parking Garage and west of LeJeune Rd.

Start Time | Saturday, May 25

7:30 am - staggered start 5K Wheelchair, Run, and Walk.

CORAL GABLES



Chairman's Corporate Award

Company with most participants

Awards (runners & wheelchair only)

Overall male & female trophies and medals for the top three in each age group.

Wheelchair: overall male & female.

Age Groups

5K Run: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+ (female), 65-69 and 70+ (male).

Packet Pick-Up

At FootWorks, 5724 Sunset Drive in South Miami May 20th-24th: 9 am to 4 pm; Race day Saturday, May 25 at the Coral Gables City Hall, beginning at 6 am.

Amenities

Race packet, color custom tech shirt to the first 900 registrants, water, massages, music, food, results & more.

B-Tag Timing

The B-Tag timing system by Split Second Timing will be used to time the race. For results and event photos, please visit www.teamfootworks.org.

Register Online at
teamfootworks.org

last name: _____

first name: _____

age: _____ D.O.B. ____/____/____

gender: M F size: XS S M L XL 2XL

address: _____

city: _____ state: _____ zip: _____

email: _____

cell: _____



official use only

Make check
payable to:

TeamFootWorks

Mail Completed

form to:

5724 Sunset Drive

Miami, FL 33143

Through May 10

☐ Adult 5K \$25 ☐ Youth \$15
(18 and under)

☐ wheelchair
participant

May 11 May 24

☐ Adult 5K \$30 ☐ Youth \$20
(18 and under)

Race Day May 25

☐ Adult 5K \$35 ☐ Youth \$25
(18 and under)

☐ corporate
challenge

Payment: Cash _____ Check _____

TO PAY WITH CREDIT CARD PLEASE REGISTER ONLINE @
TEAMFOOTWORKS.ORG

Waiver: I know that walking, running and road racing are potentially hazardous activities. By entering this program I am taking responsibility for medical clearance and for being physically fit and properly trained to participate in this program. I agree to abide by any decision of program official relative to my ability to safely complete the training program. I assume all risks associated with running, but not limited to my own fitness and health condition, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic, and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of you accepting my entry, I for myself and anyone entitled to act in my behalf, waive and release TeamFootWorks, Bayms Bay, Inc., Road Runners Club of America, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this program though that liability may arise out of negligence or carelessness on the persons named in this waiver and other organizations. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this program for any legitimate purpose.

Sign: _____ Date: _____